



TOP nach Altersgruppen, Juli 2019



| Punkte | Vorname, Name | Wettkampf /Land /Club | AK | Strecke | Zeit | Bemerkungen | Ort, Datum |
|--------|---------------|-----------------------|----|---------|------|-------------|------------|
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> 110 Punkte // Elite

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|-----|--------------------------|---------------------------|-----|---------|----------|--------------|-----------------------------|
| 121 | Joao Viera | POR, SCP | M43 | 10 000m | 40:29,72 | 1. Mä | Lissabon, POR, 21. 7. 19 |
| 119 | Joao Vieira | POR, SCP | M43 | 5 000m | 19:38,60 | 1. Mä | Leiria, POR, 27. 7. 19 |
| 116 | Wassiliy Mizinow | RUS, | Mä | 20 km | 1:21:29 | 1. Mä | Gävle, SWE, 11. 7. 19 |
| 116 | Salih Korkmaz | TUR, | Mä | 20 km | 1:21:32 | 2. Mä, NR | Gävle, SWE, 11. 7. 19 |
| 116 | Ana Cabecinha | POR, COP | W35 | 10 000m | 44:08,53 | 1. Fr | Lissabon, POR, 21. 7. 19 |
| 115 | Ines Henriques | POR, CNRM | W39 | 10 000m | 44:34,99 | 2. Fr | Lissabon, POR, 21. 7. 19 |
| 114 | Alberto Amezcua Balboa | ESP, Andalucia | Mä | 5 000m | 19:04,57 | 1. Mä | Pamplona, ESP, 27. 7. 19 |
| 114 | Callum Wilkinson | GBR; | Mä | 20 km | 1;22:13 | 3. Mä | Gävle, SWE, 11. 7. 19 |
| 114 | Kevin Campion | FR, AFA Feyzin-Venissieux | M31 | 10 km | 39:44 | 1. Mä | St. Etienne, FRA, 26. 7. 19 |
| 114 | Cesar Cordoba Fernandez | MEX, | M17 | 10 000m | 42:26,83 | 1. M U20 | San Jose, CRC, 20. 7. 19 |
| 114 | Glenda Estefania Morejon | ECU, | W19 | 10 000m | 44:46,02 | 1. W U20 | San Jose, CRC, 21. 7. 19 |
| 114 | Meryem Bekmez | TUR, | W19 | 10 000m | 44:44,50 | 1. W U20 | Boras, SWE, 21. 7. 19 |
| 113 | Gabriel Bordier | FR, US St. Berthevin | Mä | 10 km | 39:53 | 2. Mä | St. Etienne, FRA, 26. 7. 19 |
| 113 | Evan Dunfee | CAN, Racewalk West | Mä | 10 000m | 38:54,20 | 1. Mä | Kamloops, CAN, 5. 7. 19 |
| 113 | Koki Ikeda | JPN, | Mä | 20 km | 1:22:49 | 1. Mä | Neapel, ITA, 12. 7. 19 |
| 113 | Mikita Kalida | BLR, | M19 | 10 000m | 41:10,03 | 1. M U20 | Boras, SWE, 21. 7. 19 |
| 112 | Masatora Kawano | JPN, | Mä | 20 km | 1:23:20 | 2. Mä | Neapel, ITA, 12. 7. 19 |
| 112 | Mary Luz Andia Aratoipe | PER, | W19 | 10 000m | 45:22,94 | 2. W U20 | San Jose, CRC, 21. 7. 19 |
| 111 | Eduard Zabuzhenko | UKR, | Mä | 20 km | 1:23:54 | 4. Mä | Gävle, SWE, 11. 7. 19 |
| 111 | Yuta Koga | JPN, | Mä | 20 km | 1:23:35 | 3. Mä | Neapel, ITA, 12. 7. 19 |
| 111 | Sahin Senuduncu | TUR, | Mä | 20 km | 1:23:40 | 4. Mä, PB | Neapel, ITA, 12. 7. 19 |
| 111 | Francesco Fortunato | ITA, | Mä | 20 km | 1:23:53 | 5. Mä | Neapel, ITA, 12. 7. 19 |
| 111 | Jun Zhang | CHN, | Mä | 20 km | 1:24:00 | 6. Mä | Neapel, ITA, 12. 7. 19 |
| 111 | Oscar Tebutt | AUS, Henry Kendall | M17 | 3 000m | 12:18,44 | 1. M U20 | Sydney, AUS, 29. 7. 19 |
| 111 | Cesar Cordoba | MEX, | M17 | 10 000m | 43:09,45 | 1. M U18 | Mexico City, MEX, 6. 7. 19 |
| 111 | Jekaterina Mirotvortseva | EST, | W17 | 5 000m | 22:26,01 | 1. W U18, NR | Baku, AZE, 26. 7. 19 |
| 111 | Katie Burnett | USA, | W31 | 50 000m | 4:29:45 | WBL, Bahn | San Diego, USA, 13. 7. 19 |

Beste U 16

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|-----|--------------------------|--------------------------|-----|--------|----------|----------|---------------------------|
| 110 | Jayda Anderson | AUS, | W13 | 3 km | 14:40 | 1. W U14 | Beenleigh, AUS, 14. 7. 19 |
| 109 | Pablo Rodriguez Rojas | ESP, Ohmio Arahall | M15 | 5 000m | 22:07,77 | 1. M U16 | Gijon, ESP, 6. 7. 19 |
| 107 | Lyla Williams | AUS, | W11 | 2 km | 10:09 | 1. W U12 | Beenleigh, AUS, 14. 7. 19 |
| 105 | Ashanti Heap | AUS, | W13 | 3 km | 15:10 | 2. W U14 | Beenleigh, AUS, 14. 7. 19 |
| 103 | Ashanti Heap | AUS, | W13 | 3 km | 15:22 | 1. W U14 | Ipswich, AUS, 27. 7. 19 |
| 102 | Isabel Garcia Sanchez | ESP, Ohmio Arahall | W14 | 3 000m | 14:10,92 | 1. W U16 | Gijon, ESP, 6. 7. 19 |
| 102 | Griselda Serret Menendez | ESP, Runners El Vendrell | W14 | 3 000m | 14:13,41 | 3. W U16 | Gijon, ESP, 6. 7. 19 |
| 102 | Veronica V. Fernandez F. | ESP, AD Gijon Atl. | W15 | 3 000m | 14:11,61 | 2. W U16 | Gijon, ESP, 6. 7. 19 |
| 101 | Amber Norton | AUS, | W13 | 3 km | 15:33 | 2. W U14 | Ipswich, AUS, 27. 7. 19 |
| 101 | Ruben Albiol Alhambra | ESP, Playas de Castellon | M15 | 5 000m | 23:19,84 | 2. M U16 | Gijon, ESP, 6. 7. 19 |
| 101 | Ruben Liste Hurtado | ESP, CA Viladecans | M15 | 5 000m | 23:19,98 | 3. M U16 | Gijon, ESP, 6. 7. 19 |
| 100 | Lyla Williams | AUS, | W12 | 3 km | 15:39 | 3. W U14 | Ipswich, AUS, 27. 7. 19 |
| 100 | India Duguid | AUS, Brisbane Water | W14 | 1 500m | 6:52,91 | 1. W U15 | Sydney, AUS, 29. 7. 19 |
| 100 | Silvia Villar Nieto | ESP, Atl. Alcorcon | W15 | 3 000m | 14:21,76 | 4. W U16 | Gijon, ESP, 6. 7. 19 |
| 99 | Marta Garcia Lorente | ESP, Cehegin Atl. | W14 | 3 000m | 14:27,82 | 6. W U16 | Gijon, ESP, 6. 7. 19 |
| 99 | Sofia Campos Ares | ESP, CA Millaraio | W15 | 3 000m | 14:26,92 | 5. W U16 | Gijon, ESP, 6. 7. 19 |
| 99 | Francisco Espin Valera | ESP, Cehegin Atl. | M15 | 5 000m | 23:36,06 | 4. M U16 | Gijon, ESP, 6. 7. 19 |

1000m / 1km

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|-----|---------------------|---------------------------|------------|--------|---------------|-------------------------|------------------------|
| 108 | Martin Nedvidek | CZE, AC Rumburk | M44 | 1 000m | 3:50,2 | 2. Gesamt, 1000 | Rumburk, CZE, 7. 7. 19 |
| 90 | Reinhard Langhammer | GER, ASV Erfurt | M67 | 1 000m | 5:22,4 | 15. Gesamt, 1000 | Rumburk, CZE, 7. 7. 19 |
| 87 | Tomas Vojtisek | CZE, Moravska Slavia Brno | M46 | 1 000m | 4:40,3 | 8. Gesamt, 1000 | Rumburk, CZE, 7. 7. 19 |

3000m / 3km

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| 102 | Dominic King | GBR/ENG, Colchester | M36 | 3 000m | 12:32 | 1. Mä | Manchester, GBR, 27. 7. 19 |
| 91 | Zbigniew Kwita | POL, Przemierawo | M60 | 3 000m | 15:50,6 | 2. Mä | Puck, POL, 13. 7. 19 |
| 89 | Zbigniew Kwita | POL, Przemierowo | M60 | 3 000m | 16:05,08 | 1. M60 | Bialystok, POL, 30. 6. 19 |
| 86 | Miroslav Luniewski | POL, UKS Jedinka Reda | M62 | 3 000m | 16:25,45 | 2. M60 | Bialystok, POL, 30. 6. 19 |
| 85 | Marius Kieling | POL, Barwice | M58 | 3 000m | 15:51,9 | 3. Mä | Puck, POL, 13. 7. 19 |
| 84 | Grzegorz Grinholc | POL, RKS Rumia | M42 | 3 000m | 14:10,9 | 1. Mä | Puck, POL, 13. 7. 19 |

5000m / 5km

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|-----|------------------------------|---------------------------|------------|--------|-----------------|-------------------------|-------------------------------|
| 107 | Remco de Bruin | NED, sv de LAT | M55 | 5 000m | 23:44,28 | 3. Mä, NR | Best, NED, 6. 7. 19 |
| 105 | Jose M. Gomez Garcia | ESP, ISS - L'Hospitalet | M46 | 5 000m | 22:42,81 | 4. Mä | Barcelona, ESP, 14. 7. 19 |
| 105 | Paul Jansen | NED, DAK Drunen | M46 | 5 000m | 22:43,97 | 2. Mä | Best, NED, 6. 7. 19 |
| 104 | Rick Liesting | NED, Daventria | M42 | 5 000m | 21:32,65 | 1. Mä | Best, NED, 6. 7. 19 |
| 104 | Ignasi Melo Valls | ESP, UA Rubi | M67 | 5 000m | 26:07,79 | 8. Mä | Barcelona, ESP, 14. 7. 19 |
| 103 | Juan M. Morales del Castillo | ESP, Marineda Atl. | M40 | 5 000m | 21:38,72 | 2. Mä | Pontevedra, ESP, 20. 7. 19 |
| 102 | Sebastian Delauny | FR, CA du pays Saumurois | M45 | 5 000m | 23:08,64 | 1.M 40, Wert M45 | Cesson Sevigne, FRA, 6. 7. 19 |
| 102 | Roberto Rodriguez Jiminez | ESP, Image FDR | M50 | 5 000m | 23:44,44 | 1. Mä, ag: 85,7% | Malaga, ESP, 13. 7. 19 |
| 102 | Petro Garnik | UKR, | M55 | 5 000m | 24:18,20 | 1.M 50, Wert M55 | Grodno, BLR, 30. 6. 19 |
| 101 | Juan M. Morales del Castillo | ESP, Marineda Atl. | M40 | 5 000m | 21:52,13 | 3. Mä | Vigo, ESP, 13. 7. 19 |
| 101 | Miguel A. Carvajal Ortega | ESP, Playas de Castellon | M54 | 5 000m | 23:49,73 | 2. Mä, ag: 88,3% | Malaga, ESP, 13. 7. 19 |
| 100 | Martin Nedvidek | CZE, AC Rumburk | M44 | 5 000m | 22:04,9 | 1. Gesamt, 5000 | Rumburk, CZE, 7. 7. 19 |
| 100 | Jose L. Lopez Camarena | MEX, | M69 | 5 000m | 26:47,36 | 1. M65 | Toronto, CAN, 21. 7. 19 |
| 99 | Dmitry Babenko | CAN, | M46 | 5 000m | 23:36,60 | 1. M45 | Toronto, CAN, 21. 7. 19 |
| 98 | Vincenzo Panico | FR, | M65 | 5 km | 27:02 | 4. Gesamt | London, GBR, 27. 7. 19 |
| 98 | Jean-Paul Masselin | FR, Granville AC | M73 | 5 000m | 28:24,57 | 1. M70 | Cesson Sevigne, FRA, 6. 7. 19 |
| 97 | Pedro Martins | POR, ACRSD | M51 | 5 000m | 24:26,86 | 1. M50 | Lousada, POR, 6. 7. 19 |
| 97 | Dimitriy Kusnezow | RUS, | M53 | 5 000m | 24:31,88 | 2. M50 | Grodno, BLR, 30. 6. 19 |
| 97 | Leonid Semenovich | BLR, | M55 | 5 000m | 25:17,24 | 1. M55 | Grodno, BLR, 30. 6. 19 |
| 97 | Valentin J. Cabrera Armas | ESP, CEA Tenerife 1984 | M56 | 5 000m | 25:10,61 | 2. Mä, ag: 85% | Tres Cantos, ESP, 13. 7. 19 |
| 96 | Wjatschislav Degtiarenko | RUS, (ITA ?) | M48 | 5 000m | 24:03,96 | 1. M45 | Grodno, BLR, 30. 6. 19 |
| 95 | Juan R. Pinera Alvarez | ESP, RC Celta | M44 | 5 000m | 22:51,43 | 4. Mä | Vigo, ESP, 13. 7. 19 |
| 94 | Paulo Cunha | POR, GDSD | M50 | 5 000m | 24:55,35 | 2. M45 WertM50 | Lousada, POR, 6. 7. 19 |
| 94 | Patrice Brochot | FR, Tarbes Pyrenees Athl. | M68 | 5 000m | 27:42,29 | 1. M65 | Cesson Sevigne, FRA, 6. 7. 19 |
| 94 | Wolodimir Sergienko | RUS, | M74 | 5 000m | 30:52,00 | 1. M75 | Grodno, BLR, 30. 6. 19 |
| 93 | Etiel Soto Maldonado | MEX, | M46 | 5 000m | 24:25,58 | 2. M45 | Toronto, CAN, 21. 7. 19 |
| 93 | Jaime Santos | POR, GRECAS | M47 | 5 000m | 24:33,0 | 1. M45 | Lousada, POR, 6. 7. 19 |
| 92 | Philippe le Bonniec | FR, Elan Girondais Athl. | M53 | 5 000m | 25:13,54 | 1. M50 | Cesson Sevigne, FRA, 6. 7. 19 |
| 91 | David Durand-Pichard | FR, Athl. Metz Metropole | M47 | 5 000m | 24:44,44 | 1. M45 | Cesson Sevigne, FRA, 6. 7. 19 |
| 91 | Denis Franke | GER, TV Bühlertal | M50 | 5 000m | 25:23,3 | 1. Gesamt | Gengenbach, GER, 11. 7. 20 |
| 91 | Juan M. de Lucas Pasadoles | ESP, AD Marathon | M53 | 5 000m | 25:23,00 | 3. Mä, ag: 82,9% | Tres Cantos, ESP, 13. 7. 19 |
| 91 | Francois Renaud | FR, US Cagnes | M56 | 5 000m | 26:11,97 | 2. M55 | Cesson Sevigne, FRA, 6. 7. 19 |
| 91 | Francis Gauze | FR, FC Oloron | M57 | 5 000m | 26:08,25 | 1. M55 | Cesson Sevigne, FRA, 6. 7. 19 |
| 91 | Luis Abadias Palacin | ESP, Pratenc AA | M60 | 5 000m | 27:00,53 | 6. Mä, ag: 82,3% | Malaga, ESP, 13. 7. 19 |
| 91 | Alain Mandin | FR, Entente Sevre | M68 | 5 000m | 28:15,97 | 2. M65 | Cesson Sevigne, FRA, 6. 7. 19 |
| 90 | Luis Bidarra | POR, CAS | M48 | 5 000m | 24:55,75 | 3. M45 | Lousada, POR, 6. 7. 19 |
| 90 | David Swarts | USA, | M54 | 5 000m | 25:34,70 | 1. M50 | Toronto, CAN, 21. 7. 19 |
| 90 | Sergey Systemew | RUS, | M61 | 5 000m | 27:09,38 | 1. M60 | Grodno, BLR, 30. 6. 19 |
| 89 | Laurent Rabot | FR, Vineuil Sports | M47 | 5 000m | 24:56,87 | 2. M45 | Cesson Sevigne, FRA, 6. 7. 19 |
| 89 | Xu Jianping | CAN, | M53 | 5 000m | 25:42,04 | 2. M50 | Toronto, CAN, 21. 7. 19 |

noch 5000m / 5km:

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| 88 | Luis Sousa | POR, SUOV | M45 | 5 000m | 25:09,98 | 4. M45 | Lousada, POR, 6. 7. 19 |
| 87 | Adan Mendez | MEX, | M61 | 5 000m | 27:45,98 | 1. M60 | Toronto, CAN, 21. 7. 19 |
| 87 | Marc Haumesser | FR, AC Villeneuve D'asc | M61 | 5 000m | 27:41, 98 | 1. M60 | Cesson Sevigne, FRA, 6. 7. 19 |
| 87 | Jose Magelhaes | POR, ACA | M65 | 5 000m | 28:56,78 | 1. M60 WertM65 | Lousada, POR, 6. 7. 19 |
| 86 | Manuel Polo Gundin | ESP, CA Naron | M46 | 5 000m | 25:35,84 | 6. Mä | Vigo, ESP, 13. 7. 19 |
| 86 | Michel Hautin | FR, AC Chenove | M56 | 5 000m | 26:51,74 | 3. M55 | Cesson Sevigne, FRA, 6. 7. 19 |
| 86 | Philippe Robidou | FR, Fougères la Vigilante | M60 | 5 000m | 27:48,18 | 2. M60 | Cesson Sevigne, FRA, 6. 7. 19 |
| 86 | Miroslav Luniewski | POL, UKS Jedinka Reda | M62 | 5 000m | 27:52,86 | 1. M60 | Bialystok, POL, 1. 7. 19 |
| 86 | Fernand Rabatel | FR, EA Gillonnay-la-cot | M73 | 5 000m | 30:33,08 | 2. M70 | Cesson Sevigne, FRA, 6. 7. 19 |
| 85 | Jose A. Mestre Rodriguez | ESP, Track Cross Road Team | M54 | 5 000m | 26:13,20 | 4. Mä, ag: 80,9% | Malaga, ESP, 13. 7. 19 |
| 85 | Michel Baboin | FR, Saran Loiret Athl. Club | M63 | 5 000m | 27:57,95 | 3. M60 | Cesson Sevigne, FRA, 6. 7. 19 |
| 85 | Peter Schumm | GER, Alemannia Aachen | M76 | 5 000m | 32:33,41 | 13. Mä | Best, NED, 6. 7. 19 |

10 000m / 10km

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|-----|------------------------|----------------------------|------------|---------|-----------------|--------------------------|-----------------------------|
| 108 | Sebastian Delaunay | FR, CA du Pays Saumurois | M45 | 10 km | 46:45 | 12. Mä | St. Etienne, FRA, 26. 7. 19 |
| 105 | Flavio Fona | ITA, Atl. Biotekna Marcon | M35 | 10 km | 43:10 | 6. Mä | Bressanone, ITA, 26. 7. 19 |
| 105 | Ignacio Jiminez | AUS, | M50 | 10 km | 48:46 | 1. Mä | Brisbane, AUS, 21. 7. 19 |
| 105 | Ignacio Jiminez | AUS, | M50 | 10 km | 48:46 | 1. Gesamt | Beenleigh, AUS, 14. 7. 19 |
| 105 | Jose L. Lopez Camarena | MEX, | M69 | 10 km | 54:28 | 1. M65 | Toronto, CAN, 18. 7. 19 |
| 104 | Andrew Jamieson | AUS, | M70 | 10 km | 57:16 | 1. M70, ag: 93,5% | Middle Park, AUS, 13. 7. 19 |
| 103 | Marco de Luca | ITA, Fiamme Galle | M38 | 10 km | 43:36 | 7. Mä | Bressanone, ITA, 26. 7. 19 |
| 103 | Andrew Jamieson | AUS, | M73 | 10 km | 57:32 | 1. Ges, ag: 93% | Middle Park, AUS, 30. 6. 19 |
| 102 | Dmitry Babenko | CAN, | M46 | 10 km | 48:25 | 1. M45 | Toronto, CAN, 18. 7. 19 |
| 100 | Philippe Bonneau | FR, Antony Athl. | M54 | 10 km | 50:06 | 27. Mä | St. Etienne, FRA, 26. 7. 19 |
| 99 | Denis Laflamme | CAN, | M65 | 10 km | 56:14 | 2. M65 | Toronto, CAN, 18. 7. 19 |
| 98 | Sebastian Biche | FR, Avia Club Athl. | M46 | 10 km | 49:32 | 22. Mä | St. Etienne, FRA, 26. 7. 19 |
| 98 | David Durand-Pichard | FR, Athl. Metz Metropole | M47 | 10 km | 49:45 | 24. Mä | St. Etienne, FRA, 26. 7. 19 |
| 98 | Philippe Bibet | FR, US Toul | M52 | 10 km | 50:55 | 1. Mä | Troussey, FRA, 14. 7. 19 |
| 97 | Mark Blackwood | AUS, | M40 | 10 km | 48:20 | 1. M40, ag: 81,8% | Middle Park, AUS, 13. 7. 19 |
| 97 | David Swarts | USA, | M54 | 10 km | 51:14 | 1. M50 | Toronto, CAN, 18. 7. 19 |
| 97 | Kevin Cassidy | AUS, | M55 | 10 km | 52:37 | 1. M55, ag: 85,9% | Middle Park, AUS, 13. 7. 19 |
| 96 | David Swarts | USA, Pegasus AC | M54 | 10 000m | 51:26,90 | 8. Mä | Des Moines, USA, 25. 7. 19 |
| 94 | Allan Segura | CRC, | M39 | 10 000m | 46:24,06 | 3. Mä | Managua, NIC, 23. 6. 19 |
| 94 | Meftah Swaieh | TUN/FR, USO Mondeville | M47 | 10 km | 50:46 | 32. Mä | St. Etienne, FRA, 26. 7. 19 |
| 93 | Etiel Soto Maldonado | MEX, | M46 | 10 km | 51:16 | 2. M45 | Toronto, CAN, 18. 7. 19 |
| 93 | Adan Mendez | MEX, | M61 | 10 km | 55:55 | 1. M60 | Toronto, CAN, 18. 7. 19 |
| 93 | Daniel Siegenfuhr | FR, E.S. Thaon | M69 | 10 km | 58:10 | 6. Mä | Troussey, FRA, 14. 7. 19 |
| 91 | Pramesh Prasad | FJI, | M45 | 10 km | 51:58 | 1. M45, ag: 77,9% | Middle Park, AUS, 13. 7. 19 |
| 91 | Xu Jianping | CAN, | M53 | 10 km | 53:09 | 2. M50 | Toronto, CAN, 18. 7. 19 |
| 89 | Tom Dooley | USA, | M73 | 10 km | 1:02:23 | 1. M70 | Toronto, CAN, 18. 7. 19 |
| 88 | Benoit Berchebru | FR, CA Montreuil 93 | M35 | 10 km | 48:00 | 18. Mä | St. Etienne, FRA, 26. 7. 19 |
| 88 | Dominique van Hille | FR, Nice Cote d'Azur Athl. | M42 | 10 km | 49:59 | 25. Mä | St. Etienne, FRA, 26. 7. 19 |
| 88 | Peter Bennett | AUS, | M60 | 10 km | 57:30 | 2. Mä | Brisbane, AUS, 21. 7. 19 |
| 88 | Peter Bennett | AUS, | M60 | 10 km | 57:30 | 2. Gesamt | Beenleigh, AUS, 14. 7. 19 |
| 86 | Nicolas Picard | FR, AS Tourlaville | M39 | 10 km | 48:43 | 20. Mä | St. Etienne, FRA, 26. 7. 19 |
| 85 | Bruno Grenet | FR, USM Gagny | M54 | 10 km | 54:52 | 39. Mä | St. Etienne, FRA, 26. 7. 19 |
| 85 | George White | AUS, | M74 | 10 km | 1:04:12 | 2. Ges, ag: 84,5% | Adelaide, AUS, 6. 7. 19 |

20km / und andere

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|-----|-----------------------|-----------------------|------------|-------|----------------|---------------|---------------------------------|
| 105 | Mohamed Ameur | ALG, ASSN | M35 | 20 km | 1:29:25 | 1. Mä | Bordj El Kiffan, ALG, 24. 7. 19 |
| 101 | Ignacio Jiminez Solis | AUS, | M54 | 20 km | 1:43:35 | 1. Mä | Ipswich, AUS, 27. 7. 19 |
| 99 | Mathieu Bilodeau | CAN, Running Room Alb | M36 | 20 km | 1:32:44 | 2. Mä | Montreal, CAN, 25. 7. 19 |
| 99 | Christer Svensson | SWE, Växjö AIS | M50 | 35 km | 3:19:37 | 3. Mä | Eskilstuna, SWE, 6. 7. 19 |
| 98 | Christer Svensson | SWE, Växjö AIS | M50 | 20 km | 1:46:03 | 1. M50 | Eskilstuna, SWE, 6. 7. 19 |
| 91 | Hichem Medjber | ALG, CA Baraki | M37 | 20 km | 1:37:31 | 3. Mä | Bordj El Kiffan, ALG, 24. 7. 19 |

1000m / 1km

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|----|-------------------|------------------------|------------|--------|---------------|-------------------------|------------------------|
| 91 | Lenka Borovickova | CZE, Smola Chuze Praha | W46 | 1 000m | 4:51,2 | 11. Gesamt, 1000 | Rumburk, CZE, 7. 7. 19 |
| 88 | Nadezda Duskova | CZE, AC Rumburk | W39 | 1 000m | 4:38,3 | 7. Gesamt, 1000 | Rumburk, CZE, 7. 7. 19 |

3000m / 3km

| | | | | | | | |
|-----|-------------------------|---------------------------|------------|--------|-----------------|-------------------------|-----------------------------|
| 101 | Kristina Saltanovic | LTU, JV | W44 | 3 000m | 13:53,32 | 3. Fr | Leiria, POR, 27. 7. 19 |
| 88 | Africa Rodriguez Arroyo | ESP, Durango Kirol Taldea | W50 | 3 000m | 16:08,47 | 3. Fr, ag: 80,2% | Malaga, ESP, 13. 7. 19 |
| 86 | Rosa Sierra Palmeiro | ESP, CA Sada | W56 | 3 000m | 17:07,86 | 1. Fr, ag: 79,7% | Tres Cantos, ESP, 13. 7. 19 |
| 85 | Lenka Borovickova | CZE, Smola Chuze Praha | W46 | 3 000m | 15:51,6 | 3. Gesamt, 3000 | Rumburk, CZE, 7. 7. 19 |

5000m / 5km

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| 99 | Orlete Mendes | POR, CAG | W68 | 5 000m | 29:57,10 | 1. W65 | Lousada, POR, 6. 7. 19 |
| 98 | Anne-Catherine Queneherve | FR, Grand Angouleme Athl. | W53 | 5 000m | 25:57,41 | 1. W50 | Cesson Sevigne, FRA, 6. 7. 19 |
| 98 | Marie-Astrid Monmessin | FR, ES Thaon | W63 | 5 000m | 28:25,08 | 1. W60 | Cesson Sevigne, FRA, 6. 7. 19 |
| 96 | Noel Blatchford | GBR, Abington AC | W70 | 5 km | 32:34 | 18. Gesamt | London, GBR, 27. 7. 19 |
| 94 | Lydia McGranahan | USA, | W42 | 5 000m | 24:52,98 | 1. W40 | Toronto, CAN, 21. 7. 19 |
| 94 | Sylvie Sevellec | FR, AC Cesson | W55 | 5 000m | 26:38,36 | 1.W 50, Wert W55 | Cesson Sevigne, FRA, 6. 7. 19 |
| 94 | Kris Kozell | CAN, | W66 | 5 000m | 30:55,24 | 1. W65 | Toronto, CAN, 21. 7. 19 |
| 92 | Alexandra Lamas | POR, ACRSD | W47 | 5 000m | 25:58,63 | 1. W45 | Lousada, POR, 6. 7. 19 |
| 91 | Sandra Silva | POR, CFOD | W44 | 5 000m | 25:18,24 | 1. W40 | Lousada, POR, 6. 7. 19 |
| 91 | Natalija Terentjewa | RUS, | W58 | 5 000m | 28:17,19 | 1. W55 | Grodno, BLR, 30. 6. 19 |
| 91 | Johanna Flipsen | CAN, | W64 | 5 000m | 29:39,46 | 1. W60 | Toronto, CAN, 21. 7. 19 |
| 90 | Maria Isabell Perez Belloch | ESP, Canarias | W40 | 5 000m | 25:27,76 | 11. Fr | Pamplona, ESP, 27. 7. 19 |
| 90 | Sonia Demon | FR, EFS Reims At. | W47 | 5 000m | 26:13,45 | 1. W45 | Cesson Sevigne, FRA, 6. 7. 19 |
| 89 | Olga Cabrera Ysas | ESP, CE Penedes | W45 | 5 000m | 26:28,73 | 6. Fr | Barcelona, ESP, 14. 7. 19 |
| 89 | Marianne Martino | USA, | W69 | 5 000m | 31:54,05 | 2. W65 | Toronto, CAN, 21. 7. 19 |
| 88 | Helga Dräger | GER, TS Esslingen | W80 | 5 000m | 40:17,3 | 11. Gesamt | Gengenbach, GER, 11. 7. 21 |
| 85 | Nancy Patten | CAN, | W64 | 5 000m | 30:48,91 | 2. W60 | Toronto, CAN, 21. 7. 19 |

10 000m / 10km

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|-----|-------------------------|-----------------------------|------------|---------|-----------------|--------------------------|-----------------------------|
| 104 | Kelly Ruddick | AUS, | W45 | 10 km | 49:00 | 1. W45, ag: 91,2% | Middle Park, AUS, 13. 7. 19 |
| 102 | Robyn Stevens | USA, Salming/Wolfpack RC | W36 | 10 000m | 47:22,54 | 3. Fr | Des Moines, USA, 25. 7. 19 |
| 102 | Roseline Chapillon | FR, CA Balma | W51 | 10 km | 53:01 | 14. Fr | St. Etienne, FRA, 26. 7. 19 |
| 100 | Kris Kozell | CAN, | W66 | 10 km | 1:01:58 | 1. W65 | Toronto, CAN, 18. 7. 19 |
| 99 | Sylvie Sevellec | FR, AC Cesson | W55 | 10 km | 56:24 | 26. Fr | St. Etienne, FRA, 26. 7. 19 |
| 96 | Rosetta la Delfa | ITA, Unione Giovane Biella | W42 | 10 km | 51:22 | 13. Fr | Bressanone, ITA, 26. 7. 19 |
| 95 | Alexandra Lamas | POR, ACRSD | W47 | 10 000m | 53:26,28 | 5. Fr | Lissabon, POR, 21. 7. 19 |
| 94 | Mylene Ortiz | FR, US Tourcoing | W40 | 10 km | 52:05 | 8. Fr | St. Etienne, FRA, 26. 7. 19 |
| 94 | Johanna Flipsen | CAN, | W64 | 10 km | 1:00:44 | 1. W60 | Toronto, CAN, 18. 7. 19 |
| 94 | Heather Carr | AUS, | W65 | 10 km | 1:04:20 | 1. W65, ag: 91,3% | Middle Park, AUS, 13. 7. 19 |
| 93 | Alejandra Ramirez Gomez | FR, SG LA Wantzenau | W43 | 10 km | 52:27 | 9. Fr | St. Etienne, FRA, 26. 7. 19 |
| 92 | Lydia McGranahan | USA, | W42 | 10 km | 52:50 | 1. W40 | Toronto, CAN, 18. 7. 19 |
| 92 | Laurence Sina | FR, Pierre Benite Athl. | W50 | 10 km | 56:13 | 25. Fr | St. Etienne, FRA, 26. 7. 19 |
| 90 | Sonia Demon | FR, EFS Reims Athl. | W47 | 10 km | 55:01 | 22. Fr | St. Etienne, FRA, 26. 7. 19 |
| 90 | Valerie Boban | FR, AVEC | W51 | 10 km | 56:55 | 2. Fr | Troussey, FRA, 14. 7. 19 |
| 89 | Christel Jouan | FR, ASPTT Rouen | W44 | 10 km | 53:39 | 17. Fr | St. Etienne, FRA, 26. 7. 19 |
| 89 | Valerie Boban | FR, S/I Athle Vosges Pays | W51 | 10 km | 57:10 | 34. Fr | St. Etienne, FRA, 26. 7. 19 |
| 89 | Marianne Martino | USA, | W69 | 10 km | 1:06:12 | 1. W65 | Toronto, CAN, 18. 7. 19 |
| 88 | Erin Taylor-Talcott | USA, | W41 | 10 km | 53:53 | 2. W40 | Toronto, CAN, 18. 7. 19 |
| 86 | Tracy Feiner | AUS, | W40 | 10 km | 54:39 | 1. W40, ag: 78,5% | Middle Park, AUS, 13. 7. 19 |
| 86 | Alison Thompson | AUS, | W65 | 10 km | 1:07:23 | 2. W65, ag: 83,3% | Middle Park, AUS, 13. 7. 19 |
| 85 | Caroline Guillard | FR, Saran Loiret Athl. Club | W48 | 10 km | 56:40 | 30. Fr | St. Etienne, FRA, 26. 7. 19 |

Gerne erfahren wir auch etwas über Eure Meinung zu dieser Art von Aufstellung aus den vielen erfaßten Daten.

Wir sind gespannt und bleiben auch neugierig auf Eure Reaktion, wie das gefällt?

Liebe Grüße Udo Schaeffer